

REMEM Project Dissemination Report

REMEM Project Dissemination Report

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O.1	30.11.2022	Arzum IŞITAN (PAU)

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REMEDIATION Project Dissemination Report

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REMEDIATION

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1. Introduction

REMEM is a two-year KA220-ADU-Cooperation Partnerships in Adult Education project supported by Turkish National Agency, on biopolymers between five partners from Turkey and EU. Because of the Covid19 restrictions, the project duration time was enlarged 12 months.

REMEM is aimed to develop a mobile application for Alzheimer's patients in the early stages and their relatives/the person responsible for the patient's care. REMEM is an online and mobile application. It is also aimed to improve the memory of Alzheimer's patients and delay the progression of the current disease by using reminder applications, to provide more detailed information about the disease, and to ensure more efficient patient care. Before creating the mobile application, current data and treatment methods related to Alzheimer's disease in Turkey and Europe were compiled and analyzed. To help to reduce all negativities of the early stages of Alzheimer's and dementia diseases, a report was prepared including a cross-sectional model in partner countries. This analysis report was used for both the creation of the mobile application and the preparation of an information guidebook for the relatives of the patients. REMEM project is aimed to raise both Turkey and European youth's awareness about these issues additionally. Therefore, the topic of how to explain the disease to children was also included in the scope of the project. For this reason, a book section that includes explaining the disease to children was prepared and added to the guidebook, and a children's book was written and illustrated in 4 different languages.

REMEM has seven work packages/phases:

- WP1- Management->PHASE1
- WP2-Compiling and reporting of existing mobile applications related to Alzheimer
- WP3-Mobile application development
- WP4-Preparation of mobile application user guide
- WP5-Preparation of information book for relatives
- WP6-Dissemination and sustainable implementation of the products-throughout the entire project->PHASE 6
- WP7-Quality assurance of the products->PHASE 7

REMEM dissemination plan was included in WP6 (Dissemination and sustainable implementation of the products-throughout the entire project, PHASE 6). And the document encompasses:

- External Communication Plan
 - Communication strategy
 - REMEM key messages
 - Target groups
 - Dissemination tools and channels
- B. Internal Communication Plan
 - Internal Communication procedures

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- Rules and recommendations for a correct use of external communication tools
 - Working internal templates
- C. Evaluation and monitoring of REMEM dissemination activities
- D. Obligations and requirements for communication actions

Dissemination materials, activities, the number of people to reach, and their expected/actual impact can be listed as the following:

- Website was set up in all partner languages and was constantly updated.
- Establishment of social media platforms were made by PAU and DIDER.
- Newsletters were prepared every six months.
- 3 National Informative Meetings and 1 Workshop (E1-E4) were organized.
- Announcement of the activities was performed on local and national platforms. The results of the REMEM project were presented in relevant seminars/conferences, and news.
- Some review papers were published in international journals.
- REMEM consortium has been formed competent institutions in the scientific and social fields. Within the participation in various conferences, seminars, and symposium approx. 1000 brochures/leaflets were distributed. And the project has reached approx. 4000 people via website, social media, press/media.
- Pilot applications were conducted with 173 people from 3 partner countries.
- 586 people attended to national Alzheimer Information and Awareness Meetings.
- REMEM had an international workshop/panel “Approaches to Alzheimer’s Disease in Turkey and Europe” which was held by PAU. This event was organized to present all the outcomes of the project. 100 local participants were attended.
- REMEM has a guidebook in Turkish and English languages. It was created for patients and patients’ relatives.
- REMEM has a mobile application for Android and Apple mobile phones.
- REMEM has a child book in 4 different languages.
- Beyond all this, the web platform, which will contain all project outputs, will be kept up to date for at least 5 years by the project team.

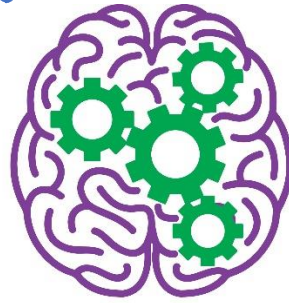
All partners had agreed on dissemination and all partners, except the DIDER, hold one informative meeting within the project. All partners got responsibility for dissemination project results using their local and national links.

2. Dissemination Materials and Activities

2.1. Project Logo

The project logo proposals were prepared by PAU and DIDER. Before TPM1, the proposals were shared with all partners and decided during TPM1.

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2.2. Project Leaflet

After the logo was decided, a brochure/leaflet draft that introduces the project was prepared by PAU and after the approval of the partners, all project partners translated into languages and used in all promotion and dissemination activities. Those are available through website.



REMEm Leaflet TR.pdf



REMEm Leaflet ROU.pdf



REMEm Leaflet IT.pdf



REMEm Leaflet EN.pdf

2.3. Guidebook

Preparation of an information book for relatives had 7 steps:

- Examination of the guidelines, books, and online content prepared for the relatives of Alzheimer's
- patients in all partner countries
- Determination of missing aspects
- Applying a questionnaire for the relatives of the patients in each country
- Studying needs analysis of the relatives
- Determination of the book content
- Preparation of book chapters
- Translation process

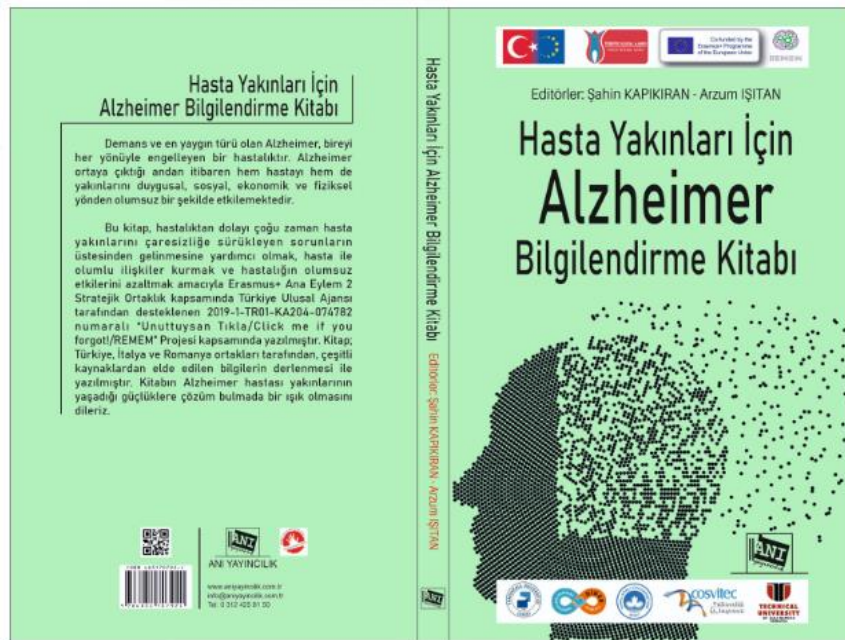
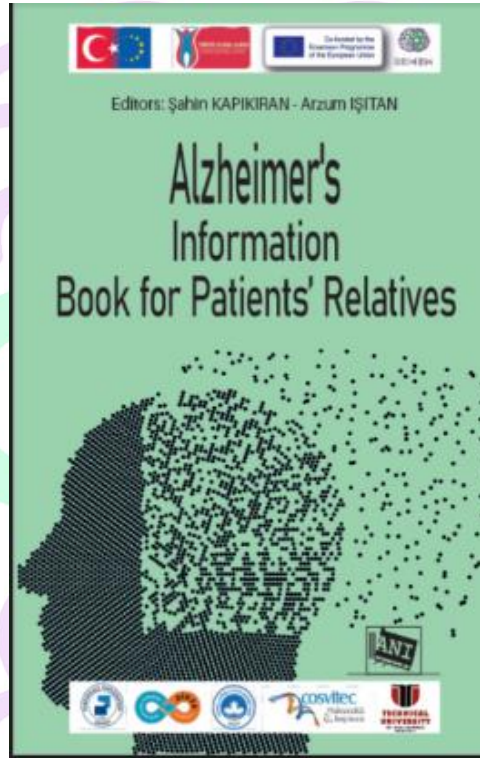
The book's name is "Alzheimer's Information Book for Relatives". The book has been prepared in Turkish and English. The ISBN numbers for both books were taken by Anı Publishing, an international publisher, and the Turkish version of the book was printed in 250 copies by PAU. The 2nd edition of the book was made by KLU by making changes to the pictures and cover of the book.



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The books can be downloaded via: <https://www.remem.eu/Home/Output4>



2.4. Website and social media accounts

In the 1st TPM, after discussing with all partners on the draft design prepared by PAU and DIDER, the website design was decided. Creation of website and leaflet, and opening of social



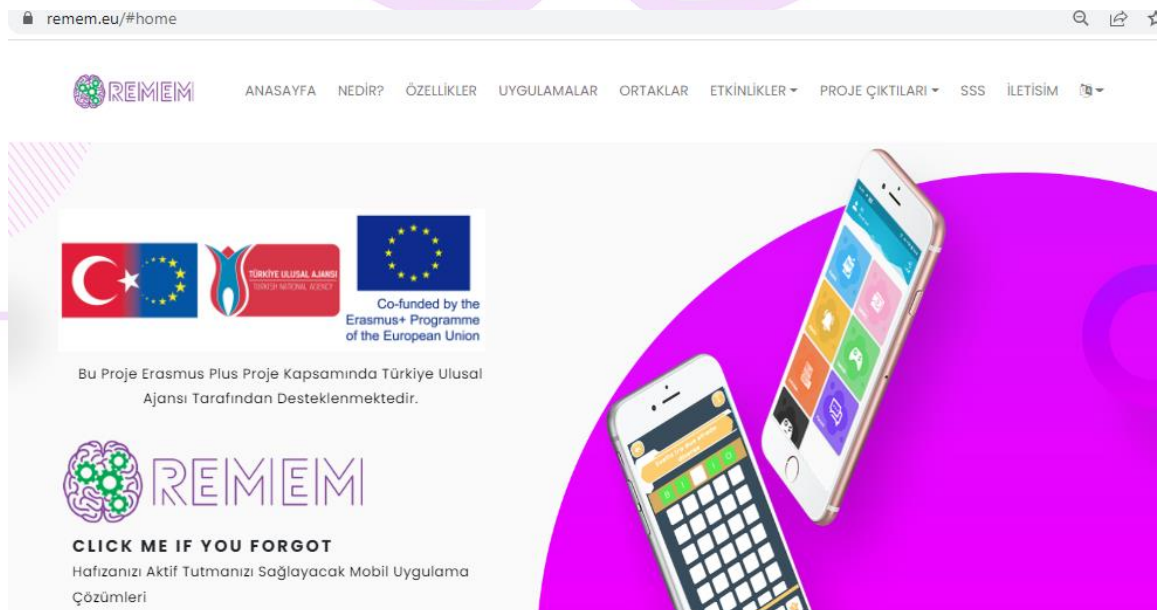
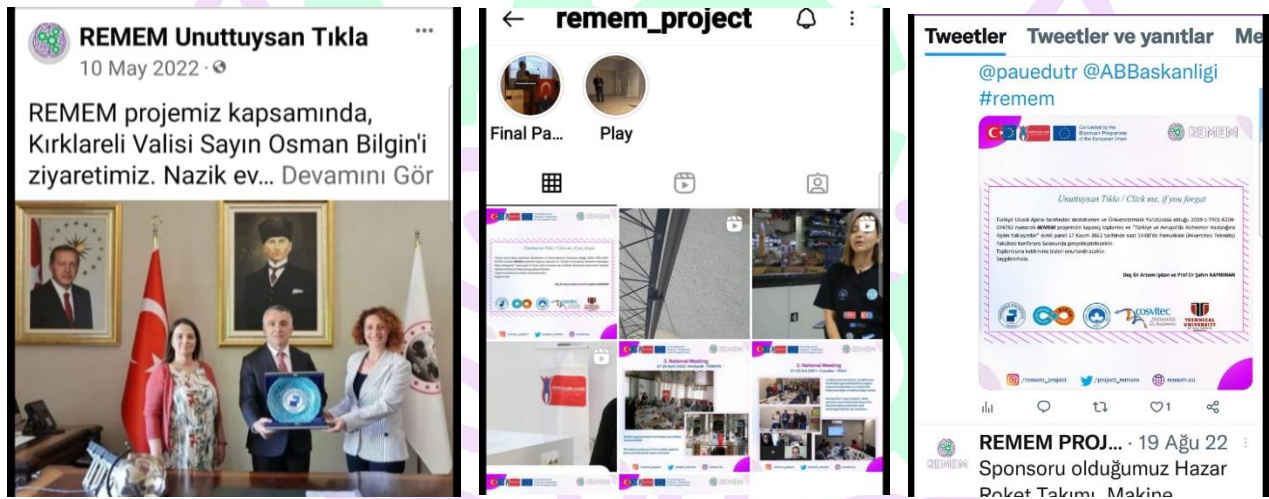
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media accounts (Facebook, Instagram, and Twitter) were done by PAU at the beginning of the project.

The website address is: <https://www.remem.eu/>

Social Media Platform	Account Address	Followers (08.01.2023)
Facebook	https://m.facebook.com/people/REMEM-Unuttuysan-T%C4%B1kla/100064415356322/	146
Instagram	remem_project	1428
Twitter	https://twitter.com/project_remem	2311



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2.5. Newsletters

5 e-newsletters were issued to promote the project and its outputs. The newsletters were disseminated in partners' languages to national training organizations, stakeholders, and media. For this purpose, the partnership used its National Informal Networks. Additionally, partners took advantage of their own networks and of the existing platforms and tools for promotion on European level, to maximize the publicity effect.



2.6. Mobile Application

Within this project, it is aimed to develop mobile applications for the Alzheimer's patients in the early stages and their relatives/the person responsible for the patient's care. REMEM is an online and mobile application. It is aimed to improve the memory of Alzheimer's patients and delay the progression of the current disease by using reminder applications, to provide more detailed information about the disease, and to ensure more efficient patient care. REMEM mobile application creation had 7 steps:

- Determination of the mobile application content by considering the results obtained in O1
- Developing the basic design of mobile application
- Pilot application with 5 patients and 5 relatives in each country
- Evaluation of the pilot application
- Re-design
- Opening of the application as public
- Final evaluation

The Compilation and reporting of existing mobile applications (O1) is a report that was intended to have the following characteristics:

- to obtain mobile applications data related Alzheimer's patient in Europe
- to obtain mobile applications data related relatives of Alzheimer's patient in Europe
- to provide more detailed and healthy information about the disease
- to obtain detailed analysis awareness about Alzheimer's disease

This report was guiding the preparation of O2 (Mobile application development). In the first two months of the Project, each project partner examined mobile applications which include the cognitive functioning of the Alzheimer's patients and the training material developed for their relatives in them home country. All partners contributed to the determination of the mobile

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application content, which was composed of two different parts, by considering the results obtained in O1 output and by performing the needs and shortcomings analysis.

The mobile application considering the information to be obtained from training reports is intended to have the following characteristics:

- to help to retard the disease process
- to help the patient about daily and temporal programming,
- to provide more detailed and healthy information about the disease
- The application was prepared for the patient
- information and awareness panel about the disease,
- Text, Visual, Audio or Video recordings and reminder applications
- the application and games (interactive, fictional, and other intelligence and memory games) prepared in accordance with their levels to slow the patient's disease process.

Users can enter the application without being a member. Users who want to use the “forum” part of the application can connect via their e-mail or Facebook accounts. REMEM PROJECT PDPL (CORPORATE PRIVACY POLICY) was prepared in Turkish and English and added to the application. It is stated here that; REMEM PROJECT takes all necessary administrative and technical measures within the framework of the principle of utmost care to protect the confidentiality of personal data collected from its stakeholders in the ways described in the Clarification Texts on Personal Data and stores this data in physical and/or electronic media in accordance with the measures.



REMEM PROJECT PDPL (CORPORATE PRIVACY POLICY)

REMEM PROJECT takes all necessary administrative and technical measures within the framework of the principle of utmost care to protect the confidentiality of personal data collected from its stakeholders in the ways described in the **Clarification Texts on Personal Data**, and stores this data in physical and/or electronic media in accordance with the measures.

REMEM PROJECT processes, stores or shares all the personal data it collects in accordance with the relevant legislation and company policies and under the conditions specified in the above-mentioned clarification texts.

If REMEM PROJECT shares information with institutions or organizations with which it cooperates, it takes the necessary measures to ensure that this institution complies with the privacy standards and terms of the REMEM PROJECT.



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REMEM application can be downloaded free of charge from Google Play and Apple Store.



ANASAYFA

NEDİR?

ÖZELLİKLER

UYGULAMALAR

ORTAKLAR

ETKİNLİKLER

PROJE ÇIKTILARI

SSS

İLETİŞİM



DOWNLOAD FOR ANDROID



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2.7. Mobile Application User Manual

The mobile application was developed for Alzheimer's patients and their relatives. In other words, it is a study for a disadvantaged group. It is important to prepare a guide in a detailed and very easy to understand manner so that this group can easily use the developed mobile application (O3). This guide, led by KLU, is made enhanced mobile application easier to understand and use. In all other partners, it helps to prepare the visual parts. It can be reached via: <https://www.rememeu/Home/Output3>



2.8. Child Book

A book chapter has been prepared with the help of expert on how to explain the disease to children. An illustrated children's book in 4 languages has been prepared for children. Participation of Prof Dr Sonnur Işitan (Balıkesir University) invited as an expert and the decision to prepare a children's story book " *The Memory Puzzle* " in addition to the project outputs was made. Children's books were illustrated under the supervision of Prof Dr Sonnur Işitan. Those are available through the project website. 4 ISBN numbers were taken by PAU:



ISBN number	Name of the book	Author	Illustrator
978-975-6992-99-9	Puzzle-ul memoria	Sonnur Işitan	Fatma Karaoğlu
978-625-6364-00-4	Il puzzle della memoria	Sonnur Işitan	Fatma Karaoğlu
978-975-6992-90-6	Memory puzzle	Sonnur Işitan	Fatma Karaoğlu
978-975-6992-98-2	Hafıza yapbozu	Sonnur Işitan	Fatma Karaoğlu

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CHAPTER 13

TALKING WITH CHILDREN ABOUT THE ELDERLY: HOW TO TALK TO CHILDREN ABOUT ALZHEIMER'S DISEASE?

Author

Assoc Prof. Sonnur İŞİTAN, Balıkesir University
ORCID: 0000-0002-1998-0446

Chapter Content

- 13.1. Elderly Individuals Through the Eyes of Children
- 13.2. Explaining the Concept of Illness to Children
- 13.3. Talking to Children About Alzheimer's
- 13.4. Conclusions and Recommendations

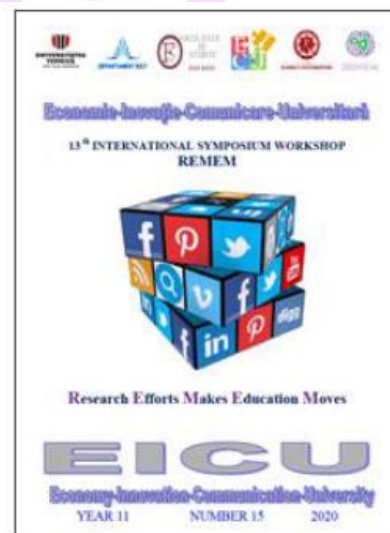


2.9. Publications, Press Releases, and Interviews

Different activities were taken by all participants like writing articles together, involve students in project activities with articles for EICU 2020, EICU 2020, EICU 2021 journals for international conference.



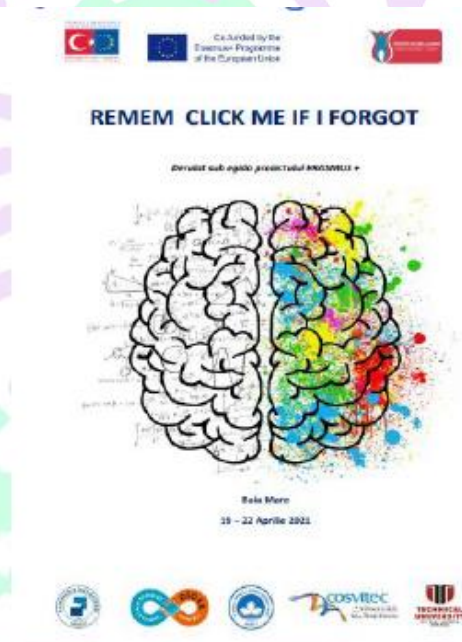
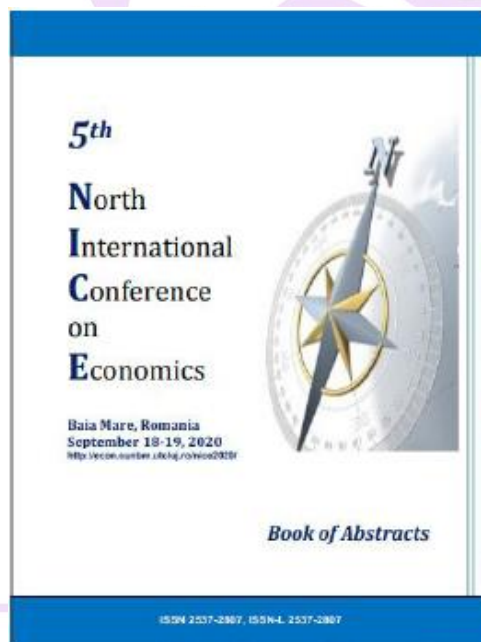
EICU, No. 16, June 2021
abstracts



EICU, No. 15, June 2020
abstracts

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Also, the discussion results feedback between partners it was a success by participating on ICETAS 2020 and ICETAS 2021, NICE 2020, NICE 2021 and publishing articles in AMIER Journal included in international data base.



Cooperation between partners can be measure taking in consideration the activities created together and realized between 2020- 2022. Even the pandemic time create some disfunctions the workshops take place and partners participate to activities. A prove in that direction are the programs and the articles present by partners in international workshops REMEM 1 until REMEM 4.



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PROGRAMME

REMEM 2020/1

1st

Research
Efforts
Makes
Education
Moves

Baia Mare, Romania
March 6-7, 2020
<http://alicu.ulb.ro>



REMEM 2020
6-7 March 2020
Baia Mare
Romania

2nd

Research
Efforts
Makes
Education
Moves

Baia Mare, Romania
July 10-11, 2020
<http://alicu.ulb.ro>



REMEM 2020
10-11 July 2020
Baia Mare
Romania

PROGRAMME

REMEM 2021/3

3rd

Research
Efforts
Makes
Education
Moves

Baia Mare, Romania
March 5-6, 2021
<http://alicu.ulb.ro>



REMEM 2021
5-6 March 2021
Baia Mare
Romania

PROGRAMME

REMEM 2021/4

4th

Research
Efforts
Makes
Education
Moves

Baia Mare, Romania
June 9-11, 2021
<http://alicu.ulb.ro>



REMEM 2021
9-11 JUNE 2021
Baia Mare
Romania

Some written and visual press links with the news of the project:

<https://medimagazin.com.tr/mevzuat//tr-alzheimer-ve-demans-hastalari-icin-remem-uygulamasi-80-15-85174.html?sid=b3cd89625dd460ad679d12f8ec57d068>

<https://www.hastane.com.tr/saglik/remem-le-alzheimer-ve-demans-hastalarinin-yasami.html>

<http://www.kirklareli.gov.tr/vali-bilgin-e-ziyaret-28042022-1>

<https://www.sinirkent.com/haberler/vali-bilgin-ogretim-uyelerini-tebrik-etti-/62743e212abf6c703c9e4134>



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<https://denizligazetesi.com/saglik/pauden-alzheimer-paneli/>

<https://www.iha.com.tr/denizli-haberleri/turkiye-ve-avrupadaki-alzheimer-yaklasimlari-paude-konusuldu-4033798/>

<https://www.denizli20haber.com/pau-yurutuculugundeki-proje-ile-alzheimer-hastalarinin-gunluk-hayatlari-kolaylasacak-29644-haberi>

<https://sonsoz.com.tr/rememle-alzheimer-ve-demans-hastalarinin-yasami-kolaylasacak/>

Publications

50 articles/oral presentations were presented on workshops as a project result or some conclusion in the area or research activities of project partners. Some of them listed below:

Oral Presentations:

The Effect Of Music On Alzheimer Patients, Çağlarer Evren, North International Conference On Economics Nice 2020 (18.09.2020 – 18.09.2020) , 38 – 39, ISSN: ISSN 2537 – 2807, ISSN-L 2537 – 2807

The Relationship Between Addiction And Alzheimer, Çağlarer Evren, Çağlarer T.Tülay, North International Conference On Economics Nice 2020 (18.09.2020 – 18.09.2020) , 45 – 46, ISSN: ISSN 2537 – 2807, ISSN-L 2537 – 2807

Alzheimer's Disease And New Approaches From The first Diagnosis To The Today Çağlarer Evren, North International Conference On Economics Nice 2020 (18.09.2020-18.09.2020) , 49 – 50 , ISSN: ISSN 2537 – 2807, ISSN-L 2537 – 2807

Slowing Alzheimer With Nutritional Approaches, Çağlarer Evren, İner Gülcan, Çağlarer T.Tülay, North International Conference On Economics Nice 2020 (18.09.2020 – 18.09.2020) , 47 – 48, ISSN: ISSN 2537 – 2807, ISSN-L 2537 – 2807 18.09.2020 Tam metin Oral Presentation Uluslararası

Gaming Attitudes And Habits Of Adults Ages 50-Plus In Turkey, Çağlarer Evren, North International Conference On Economics NICE 2020 (18.09.2020 – 18.09.2020) , 53 – 54, ISSN: ISSN 2537 – 2807, ISSN-L 2537 – 2807

Use Of Wearable Technologies In Sundown Syndrome, Çağlarer Evren, İner Gülcan, 6th International Conference on Engineering Technology and Applied Sciences (ICETAS) , October 19-23 2022 Tirana, Albania, Page 5, ISBN:978-605-4444-21-2

The Importance Of Space For Alzheimer's Patients, İner Gülcan, Çağlarer Evren, 6th International Conference on Engineering Technology and Applied Sciences (ICETAS), October 19-23 2022 Tirana, Albania, Page 6, ISBN:978-605-4444-21-2

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Detection Of The Stage Of Alzheimer's Patient From Sleep Patterns, OZCAN FIRAT, 6th International Conference on Engineering Technology and Applied Sciences (ICETAS), October 19-23 2022 Tirana, Albania, Page 4, ISBN:978-605-4444-21-2

Determining the level of knowledge of Alzheimer's patient relatives about the difficulties they face in patient care. Şahin KAPIKIRAN and Arzum İŞİTAN. North International Conference On Economics NICE 2020 (18.09.2020 – 18.09.2020) , ISSN 2537 – 2807, ISSN-L 2537 – 2807.

New digital technologies against to Alzheimer's disease. Arzum İşıtan and Şahin Kapıkıran. North International Conference On Economics NICE 2020 (18.09.2020 – 18.09.2020) , ISSN 2537 – 2807, ISSN-L 2537 – 2807.

Factors influencing the new digital technologies vs m-Health. Gratiela Dana BOCA Lindita MUKAJ Marsida VISHKURTI. North International Conference On Economics NICE 2020 (18.09.2020 – 18.09.2020) , ISSN 2537 – 2807, ISSN-L 2537 – 2807.

Manuscripts

KAPIKIRAN, Ş., GÜLER, A., İŞİTAN, A., ÇAĞLARER, E., & ÇAKIR, İ. Digital Recommendations for Dementia and Alzheimer's Patients: REMEM Example. Avrupa Bilim ve Teknoloji Dergisi, (37), 47-51.

Kapıkıran, Ş. , Susar Kırmızı, F. & İşıtan, A. (2022). Yaşlı Yetişkinlerin COVID-19 Sürecindeki Yaşantıları: Nitel Bir Değerlendirme . Batı Anadolu Eğitim Bilimleri Dergisi , SPECIAL ISSUE OF PANDEMIC AND DISTANCE EDUCATION , 1-20 . DOI: 10.51460/baebd.986456

5. Acknowledge

REMEM project is supported by the Turkish National Agency with project number 2019-1-TR01-KA204-074782 within the scope of Strategic Partnerships in the Field of Adult Education. The project is "Funded by the Erasmus+ Programme of the European Union. However, European Commission and Turkish National Agency cannot be held responsible for any use which may be made of the information contained therein".

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2.10. Information Meetings and International Panel

4 National Informative Meetings and 1 international Panel (E1-E5) were organized.

A panel was held by PAU on May 14, 2022, at PAU Engin Aksel Conference Hall together with the Association of Elderly Problems (YASAD). The organization was held with 35 participants from university students, academics, YASAD, and governmental organization (Merkezefendi Municipality Alzheimer's Center). A seminar was organized by PAU and DIDER at Denizli Seviye Okulları on June 2, 2022, to raise awareness of high school and secondary school students, to raise awareness about Alzheimer's, and to promote the REMEM project. 48 people attended the seminar.



REMEM had an international workshop/panel "Approaches to Alzheimer's Disease in Turkey and Europe" which was held by PAU with all partners participation, on 17th of November 2022. This event was organized to present all the outcomes of the project. 100 local participants were attended. Under the moderation of Assist Prof Dr Evren Çağlarer from KLU, Assoc Prof Dr Gratiela Dana Boca from CNU, Aniello Gervasio from COSVITEC, Prof Dr Şahin Kapıkıran from PAU, and Prof Dr Veliddin Kalıncara from YASAD and PAU are the speakers.

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An information meeting was held by KLU with the invited speaker Dr. Gökhan Erçelik on 16 June 2022 at the Kırklareli Municipality Cultural Center Hall. The event, which was held at 14:00, was held with a participant of 50 people. The opening speech was made by Evren ÇAĞLARER. Information was given about the REMEM project. After Dr. Erçelik's briefing on dementia and Alzheimer's disease, a question-and-answer session was held. The group, which lasted about half an hour and consisted of participants over the age of 60, met with both the patient candidate and the patient's relative, asked to Dr. Gökhan Erçelik many questions. The meeting ended with the distribution of participation certificates.



After the acceptance of the project, the REMEM Project was explained to the members of Denizli Innovation Association by Associate Professor Arzum İŞİTAN in the breakfast program organized by DIDER. 25 people participated in this organization. On September 26, 2021, a

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breakfast was organized for Denizli Innovation Association members and their families at Yunus Emre Tennis Park Facilities, and information was provided by DIDER Project Coordinator Volkan CESUR. 40 people attended the information meeting. It has been decided that the information meeting will be open to the public at a later date. A public breakfast was organized at Yunus Emre Tennis Park Facilities on October 10, 2021, and Project Coordinator Volkan CESUR introduced the REMEM Project. 60 people attended the meeting. A press conference was held by DIDER to promote the project, and local press organizations operating in Denizli were informed. On October 10, 2021, the project was explained in detail by DIDER in the live broadcast program of Kanal 58 TV, and it was ensured that it reached large community.

On September 15, 2022, a multiplier event was held by COSVITEC in Naples with 60 local participants.

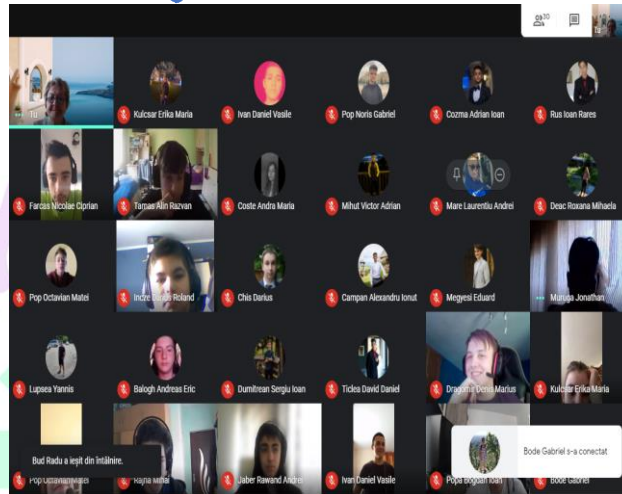


Many different activities and activities are organized by CNU. Three of them can be listed as follows: Project and project outputs were introduced to 147 participants on February 19, 2022, 61 participants on March 5, 2021, and 85 participants on June 9, 2021, and Alzheimer's awareness raising activities were organized.



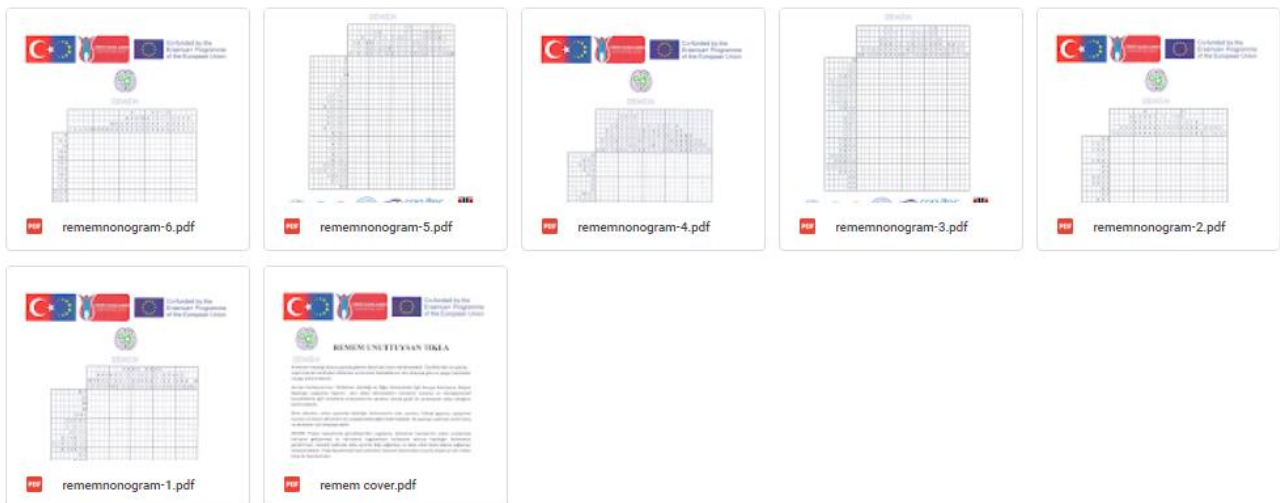
As a conclude, approx. 700 people informed face-to-face activities. By CNU, some online awareness activities were held, also.

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2.11. Other Dissemination Tools, Materials, and Activities

Materials consisting of 6 types of nonograms were prepared by KLU. On the back of the pages of these puzzles are information about REMEM, the web page and the QR codes of the application. With this material, it was possible to approach people face to face and to tell about REMEM. In addition, QR codes were created, and a promotion was made for downloading the application (Annex 1).



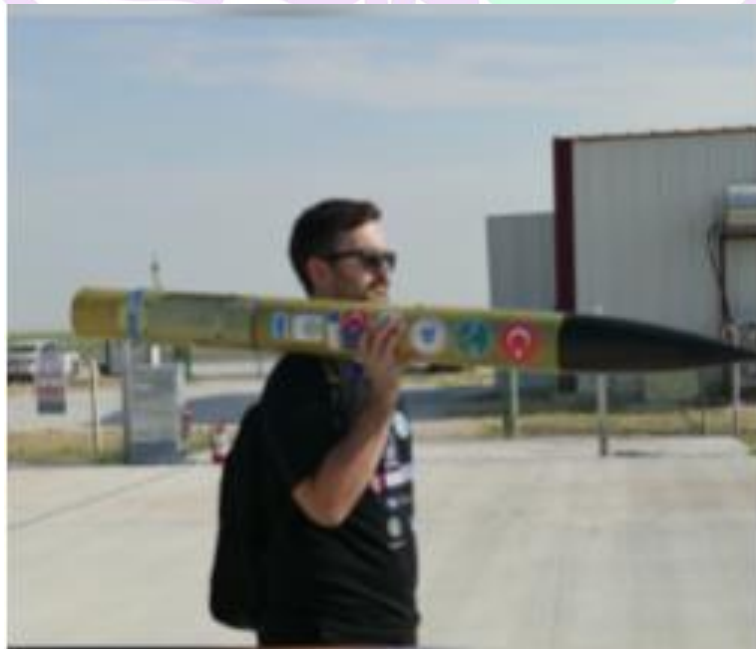
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Brochures, flags, and pennants were printed at the meetings, promotion, and dissemination activities of the project. Bags, pens, USB sticks, etc. were made from recyclable materials and distributed at the activities.

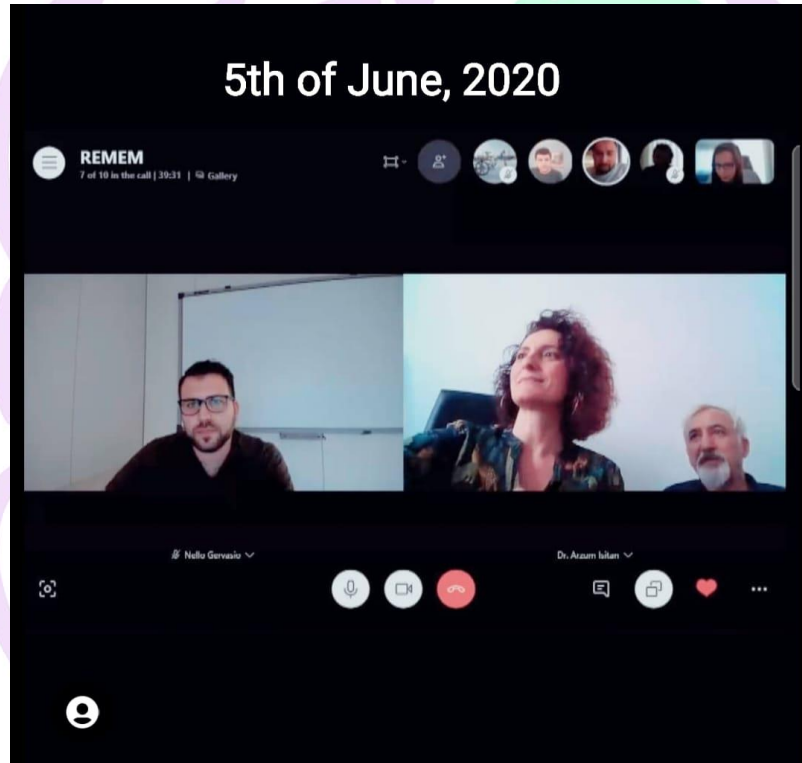
All dissemination activities have been carried out. In addition to these activities, PAU sponsored the Hazar and Hisar rocket teams in the international Teknofest2022 competition, the biggest technology competition in Turkey. The teams competed as finalists in 3 different categories. The Hazar rocket team received the “best design” award with its rocket named REMEM. It has been a very effective dissemination effort in terms of the visibility of the project.



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3. Management for Dissemination

Assuring project coordination, dissemination, implementation, and organization of activities, 5 Transnational Project Meetings (TPMs) were held by the project partnership (1st -36th m). Due to the Covid19 pandemic, there have been shifts in the time scale of TPMs. Apart from 5 face-to-face meetings, online meetings were held as needed.



The Kick-off Meeting was held on 9th-10th of January 2020 in Denizli, TURKEY, Pamukkale University, Faculty of Technology Meeting Room. All REMEM Project partners attended to the meeting: Aniello Gervasio and Antonio Gennaro Gatto from Cosvitec; Boca Gratiela Dana from CNU; Dr Evren Caglarer and Sezer Berkay Aksu from KLU; Ayşe Çakır, İbrahim Çakır, Şaban Varol, Vedat Galiba, and Volkan Cesur from DIDER; Dr Arzum Işıtan, Prof Dr Şahin Kapıkıran, and Osman Han Arslan from PAU. At the meeting, the overall project was discussed, and the main topics can be listed as follows:

- Project Proposal
- Project Task distribution
- Financial Issues
- Project outputs
- e-materials creation
- Reporting standards
- Logo and website
- Determination of Details of Second Meeting

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Dissemination plan as a draft version was prepared by PAU at 1st TPM. It was discussed by all partners. Necessary arrangements were made on the plan in line with the opinions and suggestions of the partners. A Quality Plan was prepared and shared before starting the project by the coordinator. At the first TPM, it was discussed, and necessary corrections were made.



The 2nd Transnational Meeting was held on 21st -22nd October, 2021 in Naples, ITALY, Cosvitec scarl Meeting Room and Europe Direct Centre Meeting Room. Aniello Gervasio and Davide D'angelo from Cosvitec, Assoc Prof Dr Arzum Işıtan and Prof Dr Şahin Kapıkıran from PAU, Şaban Varol and Volkan Cesur from DIDER have attended to the meeting. Boca Gratiela Dana from CNU, Dr Evren Caglarer from KLU, Ayşe Çakır and İbrahim Çakır from DIDER have participated online. All REMEM Project partners attended to the meeting. Book chapters and mobile application have been reviewed in detail. In addition to the results of the pilot application, the received feedback from the ongoing evaluation process was evaluated. With the proposal of KLU and the consensus of all partners, it was decided to prepare a fifth output as a children's book and to invite Prof Dr Sonnur Işıtan from Balıkesir University to the third meeting. CNU's dissemination activities were explained and CNU's suggestions for congress, publication, and oral presentation were accepted.



The 3rd Transnational Meeting of the REMEM Project was held in Kırklareli city on 27-28 March 2022. All REMEM Project partners attended to the meeting: Aniello Gervasio and Emanuela Girardi from Cosvitec; Boca Gratiela Dana, Diana Ighilan, and Rita Toader from CNU; Ayşe Çakır,

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İbrahim Çakır, Şaban Varol, and Volkan Cesur from DIDER; Dr Arzum Işıtan, Prof Dr Şahin Kapıkıran, and Osman Han Arslan from PAU. Prof Dr Sonnur Işıtan from Balıkesir University invited as an expert, also. Book chapters and mobile application have been reviewed in detail and it was decided that to be finished. Prof Dr Sonnur Işıtan presented a child story draft and all partners have agreed on it.



4th Transnational meeting of “Click me, if you forgot (REMEM)”, has been realized on 23rd and 24th of June, 2022 in Baia Mare, ROMANIA, hosted by Technical University Cluj-Napoca. All partners participated in the meeting: Arzum ISITAN and Sahin KAPIKIRAN from Pamukkale University, Saban VAROL and Volkan GESUR from DIDER, Aniello GERVASIO from COSVITEC; Evren ÇAĞLARER, Gülcan İNER and Fırat ÖZCAN from KLU, and Gratiela Dana BOCA from U.T.Cluj Napoca. During the fourth meeting, partners analyzed the completed and ongoing activities for the project taking in consideration the end of implementation project.



5th /Final Transnational meeting of “Click me, if you forgot (REMEM)”, has been realized on 17-18th of November, 2022 in Denizli, TURKEY, hosted by PAU. All partners participated in the meeting: Saban VAROL, Ayşe Çakır, İbrahim Çakır, and Volkan GESUR from DIDER; Aniello GERVASIO from COSVITEC; Evren ÇAĞLARER, Gülcan İNER, Soner Yeler, and Fırat ÖZCAN from KLU; and Gratiela Dana BOCA from U.T.Cluj Napoca. In addition to the project outputs planned within the scope of the project, a children's book was also introduced at the meeting. An international

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panel named “Approaches to Alzheimer’s Disease in Turkey and Europe” was held with that meeting.



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ANNEX 1

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REMEm UNUTTUYSAN TIKLA

REMEm

Alzheimer hastalığı dünya çapında giderek daha fazla insanı etkilemektedir. Özellikle Batı Avrupa'da, araştırmacılar tarafından Alzheimer ve bunama hastalıklarının tüm dünyaya göre en yaygın hastalıklar olduğu bildirilmektedir.

Avrupa Komisyonu'nun "Alzheimer Hastalığı ve Diğer Demanslarla İlgili Avrupa Komisyonu İletişim Başlangıç Uygulama Raporu", yeni dijital teknolojilerin bireylerin bunama ve nörodejeneratif bozukluklarla ilgili zorluklarla mücadelelerine yardımcı olacak güçlü bir potansiyele sahip olduğunu belirtmektedir.

Bilim adamları, erken aşamada hastalığın ilerlemesinin zeka oyunları, fiziksel egzersiz, eşleştirme oyunları ve beceri aktiviteleri ile yavaşlatılabileceğini bildirmektedir. Bu aşamayı uzatmak, süreci biriyi ve akrabaları için kolaylaştırabilir.

REMEm Projesi kapsamında gerçekleştirilen uygulama, Alzheimer hastalarının erken evrelerinde hafızasını geliştirmeyi ve hatırlatma uygulamaları kullanarak mevcut hastalığın ilerlemesini geciktirmeyi, hastalık hakkında daha ayrıntılı bilgi sağlamayı ve daha etkili hasta bakımı sağlamayı amaçlamaktadır. Proje kapsamında hasta yakınları/ hastanın bakımından sorumlu kişiye için bir rehber kitap da hazırlanmıştır.

REMEm UYGULAMASI, bireysel hatırlatmalar, aile video ve aile resim albümleri, günlük yaşamda bireyi kişisel konfor sağlayacak çeşitli zekâ ve kişisel beceri oyunları modülleri içermektedir. Uygulamada ayrıca hasta yakınları/ hastanın bakımından sorumlu kişiler için bilimsel makaleler, diğer kullanıcılarla deneyim paylaşımı için forum bölümü bulunmaktadır.

WEB SAYFASI



ANDROID UYGULAMA



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REMEM

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